

# Weekly Market Bulletin

State of New Hampshire  
Chris Sununu  
Governor

Department of Agriculture, Markets & Food  
Shawn N. Jasper  
Commissioner

Vol. 101

CONCORD, NH, WEDNESDAY, OCTOBER 5, 2022

No. 40

## The Sandwich Fair

October 8 – 10, 2022  
Gates open: 8 am daily.  
Closes around 6pm on Sat & Sun, and 5pm Monday.



Looking for farmland?  
Want to lease or sell your land to a farmer?

[NewEnglandFarmlandfinder.org](http://NewEnglandFarmlandfinder.org)

Managed by New England Farm Link Collaborative: Maine FarmLink, Connecticut FarmLink, Vermont Land Link, and Land For Good

## New Hampshire Division of Weights and Measures 2022 Final Farm Scale Clinic is on October 19

25 Capitol Street Room 201, Concord NH, 03301

- Scale clinic is by appointment only.
- Clinic will be from 10:00am-2:00pm
- Please ensure all power cables and accessories (including but not limited to; scale feet, power supply, platters and stanchions) are brought to the clinic. If the scale is not in usable condition, it cannot be certified.
- If somebody is bringing the scale in lieu of the licensee, please equip them with the account number and have them bring a check or cash if a license fee is due.

If you have any questions about method of sale or using a weighing or measuring device commercially, please contact the State of NH Division of Weights and Measures. 603-271-2894 | [nhwm@agr.nh.gov](mailto:nhwm@agr.nh.gov).

Division of Weights and Measures

## New Hampshire Great Apple Crunch

October is Farm to School Month, Celebrate with us!



Whether your school or community participates in farm to school through lesson plans, an outside school garden, serving up locally-grown foods for lunch, or all of the above, there's something for everyone to celebrate! NH Farm to School Month will feature four themed weeks, each highlighting one different aspect of student engagement with food and agriculture. Get all the information and resources you need to start celebrating NH Farm to School Month, including with the communications toolkit and creative materials here: <https://nhfarmtoschool.org/farm-to-school-month/>

To kick things off, we're taking part in the New Hampshire Department of Education's Office of Nutrition Programs and Services' New Hampshire Great Apple Crunch on October 3. Crunch into a locally grown New Hampshire apple to celebrate and share pictures and videos of you crunching into fresh apples with the hashtag #NHGreatAppleCrunch2022.



NH FOOD ALLIANCE

## Produce Safety Alliance (PSA) VIRTUAL GROWER TRAINING

Via Zoom: November 8 & 10, 2022  
To Register: <https://bit.ly/PSA-NOV22>  
Deadline to register: October 28, 2022

For more information, or to request an accommodation, such as access to Zoom, please contact Mary at 603-787-6944 or e-mail [mary.choate@unh.edu](mailto:mary.choate@unh.edu). Ten working days are needed to facilitate special needs requests.

This two-day, online course is an FDA-recognized training geared toward fruit and vegetable growers and others interested in learning about produce safety, the Food Safety Modernization Act (FSMA) Produce Safety Rule, Good Agricultural Practices (GAPs), and co-management of natural resources and food safety.

In addition to learning about produce safety best practices, key parts of the FSMA Produce Safety Rule requirements are outlined within each module. There will be time for questions and discussion, so participants should come prepared to share their experiences and produce safety questions.

To receive a certificate from the Association of Food and Drug Officials (AFDO), a participant must be present for the entire training and submit the appropriate paperwork to their trainer at the end of the course. For this purpose, you must log in from a device with video and audio capability, and participant attendance and engagement will be monitored. This training satisfies the FSMA Produce Safety Rule requirement for covered farms that "at least one supervisor or responsible party" completes "food safety training ... recognized as adequate" by FDA (21 C.F.R. §112.22(c)).



New Hampshire  
Department of Agriculture,  
Markets & Food



DAY 1	
10:00 am - Welcome	Introductions & Course Expectations
10:30 am - Module 1:	Introduction to Produce Safety
11:30 am - Module 2:	Worker Health, Hygiene, and Training
12:30 pm - Lunch	
1:00 pm - Module 3:	Soil Amendments
1:45 pm - Module 4:	Wildlife, Domesticated Animals and Land Use
2:45 pm - Wrap Up	
DAY 2	
10:00 am - Welcome	
10:30 am - Module 5.1	Agricultural Water – Production Water
11:30 am - Module 5.2:	Agricultural Water – Post-harvest Water
12:00 Lunch	
1:00 pm - Module 6:	Post-harvest Handling and Sanitation
2:00 pm - Module 7:	How to Develop a Farm Food Safety Plan
2:45 pm - Wrap Up and Evaluations	

The University of New Hampshire Cooperative Extension is an equal opportunity educator and employer. U.S. Department of Agriculture, University of New Hampshire, and New Hampshire county government cooperating.

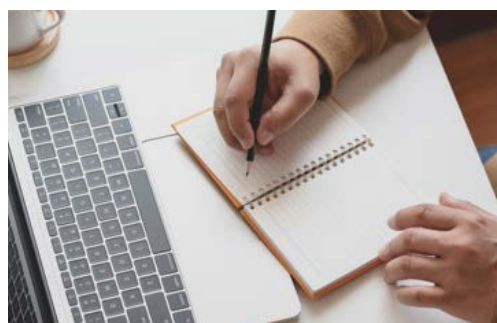
## CRAFT of Farming Online Sales

NOFA-NH's Collaborative Regional Alliances for Farmer Training (CRAFT) program will extend beyond the farm this year and provide valuable training opportunities for farm professionals in an accessible way.



## SERIES FOCUSED ON FARM BUSINESS

THE ONLINE CRAFT SERIES WILL FOCUS ON TOPICS RELATED TO FARM BUSINESS MANAGEMENT. THE WORKSHOPS ARE A VALUABLE TOOL FOR CONTINUING TO GROW. EXPAND AND UNDERSTAND THE FRAMEWORK OF RUNNING A FARM. ATTEND ONE OR ALL!



1

How to utilize co-ops and food hubs, and building successful relationships  
Allan Reetz (Hanover Co-op Food Stores) & Katelyn Porter (NH Food Hub Network)  
October 20th 6-7:30PM

2

Financial Literacy 101: Unlocking the Potential of Income Statements  
Rose Wilson (Farm Business Consultant)  
October 27th 6-7:30PM

3

Applying for USDA-NRCS Dollars for Farm Conservation Projects  
Marques Munis (NRCS New Hampshire)  
November 3rd 6-7:30PM

4

Transforming Your Workforce: Building Fairness and Cooperation at Your Farm  
Elizabeth Henderson & Jon Magee (Agricultural Justice Project)  
November 10th 6-7:30PM

[www.nofanh.org/craft](http://www.nofanh.org/craft) • [info@nofanh.org](mailto:info@nofanh.org) • 603-224-5022



## Additional Introductory Fly Tying Course Added to Fall Schedule

Due to an overwhelming response from new anglers, an additional fall introductory fly tying class has been added to the Let's Go Fishing Program schedule. Registration is now open for this second class, which will be held on November 5 from 9:00 a.m.–12:00 p.m. at North Country Anglers in North Conway, NH. Upcoming winter classes will be held throughout the Granite State from January-March of 2023, which will include a variety of hands-on events and opportunities for both beginner and intermediate participants to learn the techniques that will make the art of fly tying personally rewarding and exciting.

This November 5 class will be led by master fly tier, author, and Let's Go Fishing instructor Scott Biron. "All participants will learn how to tie fly patterns that are commonly used in New Hampshire waters," said Biron. "Beginners will be introduced to the use of all the basic tools and materials necessary to tie flies and attendees will also learn what the flies imitate."

Preregistration for this free morning workshop is required and is first-come, first-served. No experience is necessary. This course is limited to 12 participants, ages 15 and older. All program materials and equipment will be provided.

Register today by visiting <https://nh-events-web.s3licensing.com/Event/EventDetails/5260>.



## Join us for the NHBPA Annual Picnic

October 22 from 11-3

Old Homestead Farm, 159 Greenville Rd. New Ipswich, NH

Anyone interested in raising cattle or learning more about the cattle industry is welcome to attend.

**FOOD:** Brisket Samples, Grass-fed burgers & Chicken BBQ

**BUSINESS:** Farm Tour, Networking, Nutritionist Q & A

**FUN:** Face Painting, Pumpkin Carving, Raffles & Campfire "Cattle Hooping" Competition



Entry fee: \$10/person or \$15/Family | Email: [inforbpa@gmail.com](mailto:inforbpa@gmail.com) for more information

## 2022 NEW HAMPSHIRE RETAIL PRODUCE PRICES

Prices are gathered weekly from farms & farm stands throughout the state. They represent a range of prices collected each week. They are not set by the NH Department of Agriculture and are provided for information only.

If you would like to participate with retail produce pricing, contact: [marketbulletin@agr.nh.gov](mailto:marketbulletin@agr.nh.gov) or 603-271-1324.

### CONNECTICUT VALLEY/NORTH COUNTRY

#### VEGETABLES

Beans, green, lb.	3.25-4.25
Yellow, lb.	3.25-4.25
Beets, bunch	4.99
Beet greens, lb	3.00-4.00
Broccoli, lb	3.99
head	3.50
Cabbage	
green, lb.	1.25
red, lb.	1.25-3.00
Carrots,	
bunch	3.00-3.99
Cauliflower,	
head	4.00-4.99
Corn	
ea.	.49-1.00
doz.	7.50-9.50
Cucumbers,	
ea.	.50-1.50
lb.	2.99
English, ea.	1.00
Pickling, ea.	2.50-2.99
lb.	2.50
Eggplant, lb.	1.75
Kale, lb.	6.00
Lettuce	
Green Iceberg, head	2.49-2.75
Green leaf & Red leaf, bunch	2.50-2.75
Romaine	2.50-2.75
Onions, lb.	1.99
Peas, green, lb.	3.85-4.25
sugar snap, lb.	3.85-4.95
Peppers	
green, lb.	2.25-2.99
red, lb.	2.99-3.50
hot, lb.	3.95
Potatoes, lb.	1.99
New red, lb.	1.99
Radishes, bunch	2.50-2.50
Rhubarb: lb.	2.75
Scallions, bunch	2.79
Spinach, lb.	8.50
Squash,	
Summer & Zucchini, lb	2.50
Swiss Chard, lb.	3.29
Tomatoes, lb.	3.50
Cherry, pt.	4.00-6.00
Plum, lb.	3.00

#### HERBS

Parsley, Mint, bunch	2.49-2.99
Garlic, bulb, ea.	1.89

### MERRIMACK VALLEY/SEACOAST

#### VEGETABLES

Beans, green, lb.	4.00
shell, lb.	4.00
yellow, lb.	4.00

Beet, lb.	3.50
bunch	3.50
Beet greens, lb	3.50
Bok Choi, head	3.99
Broccoli, lb.	2.50-3.50
Cabbage	
green, lb.	2.50-2.75
red, lb.	2.50-2.75
Carrots,	
bunch	4.00
Cauliflower, lb.	3.50
head	4.00
Corn	
ea.	.49-1.00
1/2 doz.	5.00
doz.	9.00-9.50
Cucumbers,	
Slicing, ea.	.85-1.75
Pickling, ea.	.85-2.69
Eggplant, lb.	3.50
Kale, bunch	4.00
Lettuce	
Green Iceberg	3.29-4.00
Green leaf, Red leaf	3.79-4.00
Romaine	3.79-4.00
Onions, lb.	1.50
Peas, lb.	
Peppers	
green, lb.	1.50-4.00
red, lb.	2.50
hot, lb.	1.50-2.50
Potatoes, lb.	2.00
Radishes, bunch	2.00
Scallions, bunch	3.00
Squash,	
butternut, lb.	1.00
Swiss Chard, lb.	3.29
Tomatoes, lb.	4.00
Greenhouse	3.50
Heirloom tomatoes,	5.00
Cherry, 1/2 pt.	4.00
1 pt.	3.50-6.50
Plum, qt.	3.50-5.50

#### HERBS

Basil, Cilantro, Dill, Mint, Oregano, Parsley,	
Tarragon, Thyme, bunch	2.00-2.50
Garlic, bulb, ea.	1.89
lb.	18.00

## New Hampshire Apples

### Varieties Available

Cortland, Empire, Fuji, Gala, Ginger Gold, Golden Gem, Golden Delicious, Gravenstein, Honey Crisp, Jonamac, Macoun, McIntosh, Mutsu, Northern Spy, Paula Red, Pound Sweet, Red Delicious, Spartans & Spencers

fancy, lb.	2.00
1/2 peck,	10.00
1 peck,	20.00
bushel,	30.00
Utilities, lb.	1.50

## New Hampshire

Department of Agriculture,  
Markets & Food

## NOTICE

NH State Conservation Committee  
(RSA 432:10, RSA 261:97-c).

**Meeting Date: Thursday November 10, 2022**  
NH State Conservation Committee, Grant Committee  
Meeting to be held in public and non-public session

9:00 a.m.

NH Dept. Environmental Services  
Room 108 29 Hazen Drive Concord, NH 03301

## NH Woods & Wildlife: Live!

Warmer, Wackier, Weather: Climate Change  
and Wildlife in New Hampshire

October 13, 2022 | 10:00 - 11:00am  
Online via Facebook



L.S. Mills Research Photo

On October 13th, Extension Forester Steven Roberge will be joined by Extension Wildlife Conservation State Specialist Haley Andreozzi and Extension and Sea Grant Climate Change Adaptation Program Manager Lisa Wise to learn about the latest projections for climate change here in NH and examples of how wildlife species are being affected. You'll learn about ideas for actions we can take to help wildlife in the face of warmer temperatures, more extreme precipitation, shifting seasons and habitats, and other changes.

Join the UNH Cooperative Extension Forestry & Wildlife Team for NH Woods & Wildlife: Live! Extension's forestry and wildlife experts and special guests are answering your questions once a month on the UNH Cooperative Extension Forestry and Wildlife Program Facebook page. This is a FREE online event via Facebook Live. No pre-registration is required. You can check out upcoming Q&As here, and you can watch previous Q&As.



Extension

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Commissioner Shawn N. Jasper

**RETAIL GRAIN PRICES**  
(PER 50 LBS.)

**CASH & CARRY**

Manufacturers Suggested  
Retail Prices

	RANGE	AVG.
Dairy Pellets 16%	13.49-14.10	13.80
Dairy Pellets 20%	14.29-15.27	14.78
Coarse Dairy		
Ration 16%	13.23-16.57	14.90
Ration 20%	13.97-17.12	15.55
Ration 14%	18.87-16.08	17.48
Corn Meal	13.24-14.66	13.95
Calf Starter	17.29-18.96	18.13
Poultry		
Chick Starter Mash	11.11	11.11
Grower Mash	18.14-17.01	17.58
Layer Mash	16.14-13.99	15.42
Scratch Feed	13.10-13.99	14.51
Horse Feed	16.75	16.75
Hog Grower Mash	16.03-13.99	15.43
Whole Corn	13.31-10.99	12.64

**BULK GRAIN PRICES**  
(PER TON)

Prices listed for bulk grain, FOB at the Bow, NH mill in six-ton lots. Hauling charges, volume discounts and other considerations will affect the net price charged for products when delivered to the farm.

Dairy Pellets 16%	375.20
Dairy Pellets 20%	414.20
High Energy Dairy Pellets 16%	431.80
High Energy Dairy Pellets 20%	472.20
Complete Chick Starter	623.60
Complete Grower Mash	555.60
Complete Layer Mash 16%	546.40
Complete Turkey Grower 20%	652.80
Whole Corn	342.20

**NORTHAMPTON COOPERATIVE AUCTION**

Whately, October 4, 2022  
On the hoof, per hundred weight.

	Low	High
Growers	56.00	355.00
Started	60.00	
Veal	none	
Heifers	120.00	122.00
Feeders	85.00	146.00
Steers	107.00	
Bulls	83.00	112.00
Canners	10.00	70.00
Cutters	70.50	86.00
Utility	92.00	98.50
Sows	36.00	45.00
Hogs	25.00	75.00
Shoats	50.00	75.00
Boars	none	
Fdr. Pigs	32.50	45.00
Lambs	50.00	215.00
Sheep	65.00	140.00
Goats	70.00	365.00
Poultry	1.00	24.00
Eggs (29 doz.)	4.25	5.00
Eggs assorted	none	
Rabbits	2.00	26.00
Hay (1 lot)	4.25	
Straw	none	

**FLAME LIVESTOCK AUCTION**

Littleton, MA, October 4, 2022  
On the hoof, per pound.

	Low	High
Beef		
Canners	.40	.70
Cutters	.67	.79
Utility	.82	.98
Bulls	.95	1.10
Steers	.90	1.10
Heifers	.75	1.00
Calves	1.50	2.75
Growers	.70	1.30
Heifers	.80	1.20
Veal	1.80	
Other		
Hogs		
Boars	.01	
Sows	.52	.60
Roasters		
Feeders		
Market		
Goats		
Billys	2.00	4.00
Kids	.40	2.00
Sheep	.80	1.05
Lambs	1.40	2.25

-Provided by  Nutrition Group

**Weekly Market Bulletin**

NH Department of Agriculture, Markets & Food  
PO Box 2042, Concord, NH 03302-2042

**Periodicals  
Newspaper  
Market Quotations**

**Question of the Week**

**Q: How do I protect my trees and shrubs from winter damage?**

A: Proper care during the growing season and right up through the fall is a crucial part of keeping evergreens alive through the winter. Providing adequate water is essential to keep plants from suffering stress, as healthy plants are much better prepared to survive the winter. In order to encourage maximum root development, and by extension improve winter hardiness, water thoroughly and consistently, applying enough water to moisten the soil to a depth of eight to ten inches at least once a week, continuing until freezing temperatures arrive.

Broadleaf evergreens, such as Rhododendrons, are particularly susceptible to drying out in the winter months. Desiccation can be mitigated by erecting windbreaks made from burlap or canvas attached to frames around the plants. These barriers should be placed on the side of the prevailing winds. Some plants such as arborvitae have growth habits which lend themselves to a complete wrapping of burlap. While wrapping with burlap and building windbreaks isn't always enough to prevent winter injury, but it can help. If nothing else, plants wrapped with burlap are less likely to be browsed by deer.

Gardeners frequently ask whether anti-desiccant sprays should be used to protect evergreens from winter damage. There is evidence that anti-desiccants can be helpful when

applied correctly but can be ineffective or even damaging when used inappropriately. For best results, make sure to read and follow all instructions on the product label. Most anti-desiccants are best applied when temperatures are around 40-50 degrees and plants are fully dormant. Within this temperature range, the spray should have good coverage on the foliage. Because plants lose water through both the upper and lower surfaces of their leaves, all parts of the plant should be sprayed. And, make sure not to apply too early. When anti-desiccants are sprayed before plants are dormant, there is increased potential for damage, as the spray can trap excess water in leaves that can freeze and cause cells to rupture.

**Got questions? UNH Cooperative Extension Education Center's Info Line offers practical help finding answers for your lawn and garden questions. Call toll free at 1-877-398-4769, M-F, 9:00 a.m.-2:00 p.m., or e-mail us at [answers@unh.edu](mailto:answers@unh.edu).**

**Ag Calendar**

**October 8 & 9 The 39th Annual NH Wool Arts Tour**, Celebrating its Anniversary on Columbus Day Weekend. Features New Hampshire Fiber Artists For Farm Tour directions, list of vendors at each stop, downloadable tour brochure and more information go to [www.WoolArtsTourNH.com](http://www.WoolArtsTourNH.com) or The Wool Arts Tour on Facebook.

**October 13: S.A.F.E. Food Handling Workshop for Food Pantries ONLINE ONLY 4:00-6:00 pm** This is a free, online, safe food handling workshop for volunteers and managers in food pantries and within the NH Food Bank. Register: <https://unh.zoom.us/j/96602184226>

**October 15: Women's Equipment Field Day: A Safety and Operator Risk Management Workshop 8:30am - 4:00 pm \$20 per participant** <https://extension.unh.edu/events> 34 Sage Way, DURHAM

**2022 RECERTIFICATION CREDIT OPPORTUNITIES**

Meetings approved by the Division of Pesticide Control for recertification credits

**October 11-14: Pestworld 2022** Various, please see website for details; <https://www.pestworld2022.org/> John B. Hynes Veterans Memorial Convention Center, 900 Boylston St., Boston, MA

Jill-Morgan Aubert 571-224-0386 1 each approved session

1 PC

\*Private=Private Credits

\*C=Commercial Credits